

St Valentine's Day 2018 Thinking outside the chocolate box!

What gift will you bring to your loved one this Valentine's Day? How about a gift of your time and attention? For example:

- 1 A journey down memory lane taking time to remember how we met
- 2 A special meal cooked by me
- 3 A technology free evening together
- 4 Time together to pray
- 5 A hand-in-hand walk together
- 6 Loads of tender hugs
- 7 A family outing
- 8 Praying you find that special someone
- Books of tokens on these 8 gifts are now available in the locations below that will only cost you time rather than money.
- Pick up a book and a Valentine's card free of charge. Select the tokens of your choice and make these your aift to your loved one.
- Why do this? Because Pope Francis reminds us that it is important to take time to show our love for one another. It is a gift for your whole life! Time together and simple, respectful communication builds a love that lasts.

The Christian ideal, especially in families, is a love that never gives up. From Pope Francis' The Joy of Love (119)

Locations where you can pick up a book of free gif	t tokens:
This is an initiative of your parishwhich will be held in Dublin with Pope Francis i Worldmeeting 2018.ie	in association with the World Meeting of Families in August 2018. For further information see Amoris.ie and
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Your time is more precious than your money. Offer a gift of your time to your loved one on this St. Valentine's Day. These are the messages of a novel approach to St. Valentine's Day this year. Free books of St. Valentine's gift tokens are now available in a variety of locations locally, sponsored by the parish of

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The idea is that instead of buying a gift for each other couples commit to time together - a meal, a walk, a remembrance of how we met, and so on. The idea is inspired by *The Joy of Love*, a letter from Pope Francis to the world, where he emphasises the fundamental importance of time together and personal communication as foundations for a love that lasts.

Watch out for the gift tokens at the local church and in a variety of local shops. The parish is currently distributing information leaflets with details. Given that St. Valentine's day falls this year on Ash Wednesday this is a good year to think outside the chocolate box!

